

GWAYS TO KNOW YOU AREREALLY A CHRISTIAN

INTRODUCTION: AM I REALLY A CHRISTIAN?

DO YOU REALLY HAVE FAITH if you struggle with doubt? If faith is supposed to be joined with assurance and confidence in our salvation, then what are we to conclude when we are unsure of our Christianity? Does that mean we are not a Christian after all? In the pages to come you will find some biblically-based ways to know you are a Christian when you struggle with doubt and uncertainty. The author of Hebrews describes faith as "the assurance of things hoped for, the conviction of things not seen" (Heb. 11:1). This is a wonderful definition of faith, but I would venture to guess that it doesn't always fit your experience of being a Christian. If we are honest with ourselves, I think many of us find that sometimes our belief is better described by words like "shaky" or "unsure" rather than "assurance" and "conviction." If we don't feel like our faith measures up to the definition found in the book of Hebrews does that mean that we don't really have faith?

This question doesn't go away easily and it t can be hard to talk about doubts with other Christians, especially when they don't seem to have any. When we doubt, it is easy to look at fellow Christians or at champions of the faith and compare ourselves to them. At those times, we may feel like our faith falls far short of the heroes of the Christian faith. Consider the great Protestant Reformer Martin Luther's definition of faith: "Faith is a living, daring confidence in God's grace, so sure and certain that the believer would stake his life on it a thousand times." Maybe you read that and feel like you can't identify at all. Your faith feels sickly and weak, perhaps even dead. Sometimes as Christians we struggle to have just a little

confidence in God's grace, much less "daring confidence." We fear suffering and death. The thought of losing those we love or dying ourselves shakes the very foundations of our belief. The type of assurance that Luther describes can seem very foreign to us.

What are we to think about our faith when we doubt? If faith is supposed to be joined with assurance and confidence in our salvation, then what are we to conclude when we are unsure of our Christianity? Does that mean we are not a Christian after all?

The first thing we must understand is that questions and doubts are a normal part of the Christian life. In fact, it should not be considered unusual at all for a Christian to sometimes wonder if they are a Christian. Some believers may be blessed to never experience a lack of assurance of salvation. That is a wonderful gift for them, but that does not mean there should be a stigma against those who do experience doubt and uncertainty.

Make no mistake, when a Christian begins to wonder if they really are one, they are being tempted by the enemy. Satan would have you doubt God's promises, forget his love, and question your faith. When we struggle to feel assured of our salvation, we must return to Scripture and cling to the truth of the gospel found within. We must remember that God has given us his armor for protection as we battle against the temptation to doubt our own Christianity. We have the shield of faith, the helmet of salvation, the sword of the Spirit which is God's Word, and prayer (Eph. 6:16-18).

YOU BELIEVE JESUS DIED FOR YOUR SINS

THE FIRST WAY TO KNOW you are a Christian is so simple it seems silly. Answer this question: Do you believe Jesus died for your sins? If you answered "yes," you are a Christian! Belief in the gospel is what defines a Christian as such. The word "gospel" means "good news." The gospel is a proclamation that salvation is possible through Jesus Christ. If you accept and believe that message, you have eternal life.

The apostle Paul gave us one of the most straightforward and concise definitions of the gospel when he wrote that this truth is of "first importance... that Christ died for our sins in accordance with the Scriptures, that he was buried, that he was raised on the third day" (1 Cor. 15: 3). These tenets are of "first importance." In other words, they are the foundational beliefs of Christianity.

Let's unpack precisely what Paul tells us those foundational beliefs are. First, all Christians believe that they have sinned against their all-powerful, righteous, and just Creator, and should therefore be punished. It was "our sins" Jesus died for.

This leads us into the second foundational belief: Christians believe that God has provided a way to be saved from his wrath through the substitutionary death of his only begotten Son, Jesus Christ. Jesus died the death that we deserve.

Thirdly, Christ was buried in a tomb but did not remain there; he rose from the grave on the third day, showing he had defeated death as well as sin and that he truly is God in the flesh. The resurrection is proof of Christ's divinity and of his power to save us from eternal damnation unto eternal life. The Bible promises that salvation comes by believing these three truths. John writes, "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life" (John 3:16). Motivated by love, God the Father sent his eternally begotten Son to earth, not to judge or to rule, but to suffer and ultimately die.

Though Jesus deserved God's love and acceptance for his perfect obedience, he instead willingly received the wrath and punishment that we sinners deserve. Knowing and intellectually accepting these claims as true is necessary to be a Christian. When you wonder if you are a Christian, the first thing to do is to go back to the gospel and meditate on your beliefs. If you accept the gospel, you can have confidence in your faith. It really is that simple.

It's important to recognize that being a Christian goes beyond merely knowing what the Bible teaches. There are many who know the content of the Bible very well but are not Christians. James addresses people in this category and says, "You believe that God is one; you do well. Even the demons believe—and shudder!" (James 2:19). Merely having an orthodox belief about God or Christ does not make someone a Christian. Why not? It is because you must believe that the gospel is true and applies to you personally. The demons know the truth of the gospel, they know who Jesus is and what his death accomplished, but they do not love or submit to their creator. This reality leads us into both the third and fourth way to know that you are a Christian.

YOU LOVE JESUS

IF YOU ARE A CHRISTIAN, your emotions as well as your intellect will be impacted by the gospel. A true Christian's confession is not mere words. It is a confession that flows out of a changed heart, a heart that loves Christ for what he has done to save them from their sin. A heart that, however imperfectly, seeks to love and worship Christ for the love he showed in his sacrificial death. This type of heart is not something that anyone can create or muster up within themselves. It is a gift of God received by faith.

Spiritual renewal, or regeneration, is what Jesus referred to as being "born again" (John 3:3). Just as no person causes themselves to be physically born, nobody can cause their own spiritual rebirth. The good news of the gospel is that God promised to regenerate those who are dead in their sin: "And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh" (Ezekiel 36:26). If you are a Christian, God has performed this heart transplant on you. It is irreversible. You have a new heart which loves God and his ways. If you find that you not only believe in Christ but love him, that should give you confidence in your faith.

There is a connection between our beliefs and our feelings. John explains the logic this way:

Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. So we have come to know and to believe the love that God has for us. God is love, and whoever abides in love abides in God, and God abides in him. By this is love perfected with us, so that we may have confidence for the day of judgment. (1 John 4:15-17a).

If we have faith in Christ, we are united to him. We have intimate fellowship with God through him. That fellowship, or "abiding," is evidenced by love. Someone who is abiding in God will love Christ. You cannot abide in God and not love Christ because God is love. That would be impossible! Notice, our love for Christ is not perfect nor does it need to be flawless in order to be saved, rather a Christian's love is "perfected." As we see ourselves grow in love for God and others, we can have assurance of salvation and therefore confidence for judgment day.

The marriage between intellect and emotion is also described by Paul in his letter to the Romans: "If you confess with your mouth and believe in your heart that Jesus is Lord, and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved" (Romans 10:9-10). If you want to know whether or not you are a Christian, examine your profession of faith.

Is what you say you believe what is truly in your heart? It is possible to know the gospel forwards and backwards, it is possible to have all the right answers to theological questions, and yet not really believe. It is true that our hearts are sinful and fickle and that no one loves Jesus perfectly. But the heart of a Christian does love Jesus for who he is and what he has done to give us eternal life. If you love Jesus, the Bible promises that the life everlasting is yours.

YOU TRUST JESUS

CHRISTIANS TRUST JESUS. It's possible to know the gospel and to be emotionally impacted by it without actually trusting in Jesus for eternal life. Jesus used a story to illustrate this point. In the parable of the sower he speaks about seeds falling on different kinds of soil. In one example, he compares what happens to a seed that falls on rocky soil to a person (i.e., the soil) who hears the gospel (i.e., the seed) and seems to believe, but ultimately forsakes their faith. Jesus says, "As for what was sown on the rocky ground, this is the one who hears the word and immediately receives it with joy, yet he has no root in himself, but endures for a while, and when tribulation or persecution arises on account of the word, immediately he falls away" (Matt. 13:20-21). Jesus is describing a false faith. A person who has a false faith hears the gospel and is even emotionally impacted by it—there is an experience of joy-but does not last as a Christian because their faith is not rooted in a genuine trust in Jesus. It is not real faith because it does not spring out of a regenerated heart. When this person's faith is tested, the lack of a root in Christ becomes clear, and they fall away. This parable teaches us that true faith is more than knowledge, it is deeper that emotion, and it must also include trust.

To trust in Jesus means we reorient our lives in order to submit to his authority. John describes this as "receiving" Christ (John 1:12). To trust in Jesus means to accept him

into our lives. Not just into his own little compartment of our life, but to recognize his authority over every part and every aspect of our lives. When we trust Jesus, our will is changed so that we begin to do the things Christ desires us to do. As Christians we depend on Jesus, we find purpose and meaning in him, we follow and obey him. If we trust in Jesus, our entire life's goal and purpose will be altered from selfish ambition to a passion and desire to see God glorified and the mission of his kingdom fulfilled. Trusting in Christ means our focus and energy should solely be on him. Jesus says, "No one who puts his hand to the plow and looks back is fit for the kingdom of God" (Luke 9:62). This shows us that true faith is not merely an intellectual understanding of the gospel or an emotional response to the message of forgiveness through Christ—true faith includes a change to our will.

What can we conclude about our own faith from these truths? One way to know that you are a Christian is this: day by day you increasingly focus on doing what God desires and how God would have you live your life, rather than focusing on self-centered, worldly ambitions. In the parable of the sower Jesus compares a true faith that trusts in Christ to a seed that is sown on good soil. He says, "As for what was sown on good soil, this is the one who hears the word and understands it. He indeed bears fruit" (Matt. 13:23). This leads us into the next way you can know that you really are a Christian.

YOU SEE FRUIT In Your Life

UNLESS YOU OWN AN ORCHARD, some of the imagery the Bible uses for the Christian life may sound strange to your ears. The Bible says that a Christian "bears fruit" in their lives. To bear fruit is an analogy for doing good, righteous, God-pleasing deeds. The Bible teaches that Christians obey God as an outflowing of their faith and thereby produce "fruit." Any fruit in our lives must be motivated by and arise out of a true faith that knows, believes, and trusts in Christ. Jesus used this analogy to explain how Christians bear fruit: "I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing" (John 15:5). What this tells us is that if we have faith in Christ, we are united to him, like a branch which is integrally and organically attached to the vine. Just as the branch receives all nutrients and water needed to produce fruit through the vine, the Christian receives all necessities for spiritual life and good deeds through a personal relationship with Jesus Christ. You can know you are a Christian if there is fruit in your life because fruit is only produced if you are united to Christ.

What does it look like to bear fruit? How can we know if we have it in our lives? Paul gives us a good list to begin with: "The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control" (Gal. 5:22). If we find these qualities and characteristics to be increasing and growing in our lives, we have evidence that we are a

Christian. It's important to note that our salvation rests upon faith in Christ alone, not on the fruit we bear. However, a true faith always bears good fruit. As James says, "Faith by itself, if it does not have works, is dead" (James 2:17).

Real faith always leads to practical application in the life of a Christian. The Bible tells us unequivocally that Christians will be sanctified, that is, they will grow in holiness in thought, word, and deed. We are not passive in this process, but ultimately it is the power of God at work in us that enables us to bear fruit. Paul writes, "We are [God's] workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them" (Eph. 2:10). We know that we will bear fruit because God has already planned the opportunities to do so.

Though it is not an infallible rule (as sinners we will not be completely perfect in this life), we can establish this as a valid principle: If you are a Christian you will grow in holiness and righteousness throughout your life. The converse is true as well: If you see increasing holiness and righteousness in your life, that is evidence that you are a Christian. Often, we must measure this progress not in minutes or hours, but in months, years, or even decades. Bearing fruit is a lifelong struggle against sin, full of ups and downs. Yet overall, if we are a Christian, we will have victory over sin because we are united to Christ. Those victories can give us confidence that we really and truly are Christians.

YOU LOVE OTHERS

JESUS TAUGHT THAT THE IDENTIFYING MARK of loyalty to him and faith in him is love. He said, "A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another" (John 13:3-35). One of the ways to know that you are a Christian is to examine your heart and answer questions such as: Do I love all my brothers and sisters in Christ at church? Do I truly care about the well-being of my fellow Christians? How do I personally show my love for others at church? Nobody but God loves perfectly and no human can obey Jesus' command without fail; nevertheless, true Christians are marked by great love because they have been transformed by God's incredible love.

John says, "We love because he first loved us. If anyone says, 'I love God,' and hates his brother, he is a liar; for he who does not love his brother whom he has seen cannot love God whom he has not seen" (1 John 4:19-20). The motive for Christian love is clear. It is God's love.

Someone who has true faith has grasped both the depths of their depravity as well as the immeasurable greatness of God's grace. In other words, if we believe the gospel, then we have experienced the richness of God's unconditional love. As a result, Christians can't help but love one another! The most important mark of a Christian is that they love in word and deed, always looking for ways to share God's love with others.

When it comes to the Christian life, there is nothing more central than love. All spiritual gifts or powers, all faith, all acts of charity, all sufferings—these are naught, if love is absent (1 Cor. 13:1-3). If you struggle to be assured of your salvation, look into your heart for love. Look at your life and the way you speak to family, friends, cashiers, telemarketers, co-workers, or your employees. Are your words motivated by and seasoned with love? Examine your actions. How do you spend your time and energy? Do you sacrifice and give of yourself, or are you predominately motivated by self-interest? Paul describes love this way, "Love is patient and kind; love does not envy or boast; it is not arrogant or rude, it does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong-doing but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things" (1 Cor. 13:4-7).

Take a moment to meditate on each phrase in these verses. Christians display these characteristics of love. As we have said already, the mark of a Christian is not that you love perfectly, but that you love in increasing measure as you are sanctified. Growing in love can be a slow, painstaking, and frustrating process. Though it is hard, Christians slowly but surely make progress so that their love for others more and more accurately reflects God's love for them. If you have a desire to share the love of God, especially to your fellow Christians, then you have evidence that you really are a Christian.

YOU SHARE THE GOOD NEWS

THE LOVE CHRISTIANS HAVE FOR one another should also extend to unbelievers. Christians desire to share the love of God that they have received and to make known the gospel to those who are perishing in their sin. When someone truly understands the grace of God, they want to tell others. When someone feels the magnitude of what it means to be rescued from God's wrath, they want others to experience that as well. When someone sees the depths of Christ's love, that he did not hold back his own life but died in our place, they want to proclaim that message to those who don't believe. You can know that you really are a Christian if you have a heart for missions and evangelism.

The task of sharing the gospel is, after all, the primary job Jesus gave the church. In what is called the "great commission." Jesus commanded Christians to "go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you" (Matthew 28:19-20). This is the mission of the church, to bring the good news of salvation through Jesus Christ to people of every tribe, tongue, and nation around the globe. In fact, Jesus says the gospel must go forth to all people before he will return. "And this gospel of the kingdom will be proclaimed throughout the whole world as a testimony to all nations, and then the end will come" (Matt. 24:14). The way the gospel goes forth is through Christians who, in obedience to God, proclaim the message and invite the lost to believe.

It has been said that Christians should "preach the gospel

always and use words if necessary." Now, it is true that our attitudes and actions can be such that non-believers are intrigued and wonder what makes us different—but that in and of itself does not constitute sharing the gospel. Christians who have been transformed by the good news articulate that message verbally. Paul tells us that we must use words to invite the lost to saving faith: "Everyone who calls on the name of the Lord will be saved. But how are they to call on him in whom they have not believed? And how are they to believe in him of whom they have never heard? And how are they to preach unless they are sent? As it is written, 'How beautiful are the feet of those who preach the good news!" (Romans 10:13-15).

The logic is clear: the only way for someone to believe in Christ is to hear about him. The way to hear about Christ is if someone tells them. Christians are called to be the ones who share the good news. Not every Christian is called by God to be a pastor, or to go to foreign lands and work as a missionary, but every Christian is called to share the gospel with the people God puts in their life. Every Christian should pray for the salvation of the lost, for the missionaries who have gone out, and for the ones God is raising up to go. You can know that you are a Christian by the desire to see the gospel proclaimed and the hope that the lost would be saved. If you really understand and believe the gospel, your heart's desire will be to share that with others and support the mission of the church to make disciples of all nations however God would use you and the gifts he has given you.

GOD Promised

PERHAPS AS YOU READ THROUGH this list you find that it is a bit discouraging. If you read this list and think to yourself, "I don't love and trust Jesus very well," or, "There isn't enough fruit, love, or evangelism in my life," then take heart. The ultimate assurance of salvation comes not from our own thoughts, feelings, or will-power—but rests on the word of our perfect and unchanging God. The fact of the matter is that God gives some Christians sensitive consciences, and that is a good thing, but it is also something that must be balanced out with the promises of God.

A sensitive conscience can make us feel like our sins are too great for God to forgive. The promise of God is that no sin can separate us from God once we have been forgiven in Christ. God promises that Christ's sacrifice is enough to atone for all of our sins. No amount of sin that we commit or guilt that we feel can take away our salvation. As Paul says, "There is therefore no condemnation for those who are in Christ Jesus" (Romans 8:1). If you have faith in Christ, no matter how small or weak that faith is, you are declared innocent in the eyes of God once and for all! You see, it is not the strength of your faith that ultimately matters for your salvation; it is the strength of the object you place your faith in.

If we have trusted in God, then we have laid our faith on the most secure foundation possible. Though we may struggle with doubt and sin, God's promise remains unchanged. Later, in the same chapter of Romans, Paul goes on to say: "I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation will be able to separate us from the love of God in Christ Jesus our Lord" (Romans 8:38-39). What an incredible promise! Nothing can take God's love away from his redeemed, not even doubting that they are among the redeemed.

A sensitive conscience can also make us feel like we are not good enough or holy enough to be loved and accepted by God. It can make us keenly aware of the ways we fail to measure up to God's standards. In these times we cannot forget that God promises his redeemed will grow in faith, hope, fruitfulness, holiness, and love. When we despair and are tempted to think that our sanctification is broken, we must remember Paul's word, "I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ" (Philippians 1:6). God will finish what he started in you. The truth is we are not holy enough; we do fall short of God's standards and will continue to do so. This could lead us to despair and doubt, but God wants it to lead us to him and his grace. We can trust in his promise that we will be sanctified and ultimately God will preserve us to the end. We will never attain perfection in this life, but one day God promises to glorify those who believe in Christ and transform them once and for all, removing the stain of sin and completely purifying them (1 Cor. 15:35-58). Until that day, we can find peace and security in Christ, knowing God will sanctify us along the way, and that he will keep his promise to bring us safely home to him.

YOU GROUND YOURSELF IN GOD'S WORD

IN THE STRUGGLE FOR ASSURANCE OF salvation there is no simple answer or solution, no quick and easy program to develop stronger belief. As we have seen, there are many facets to knowing that you are a Christian. What ties together all the points we have discussed is that they are truths found in God's Word. The creator of the universe has verbally revealed himself through the books of the Bible. Just as he is perfect and trustworthy in every way, his Word is also. The Christian believes and treats the Bible as the guide for what should be believed and how we should live.

The Bible teaches that having assurance of salvation involves our intellect, emotions, and will. We can have confidence in our salvation if we believe that Jesus died for our sins and rose from the grave. The confidence comes not from our own power to believe, but rests in God's promise. Feelings come and go, but God's Word remains the same. One day our faith may feel strong, and others shaky. In those times, we must cling to the gospel. In other words, we must ground ourselves in the Word of God.

We can also look back on our lives and see how God has worked for, in and through us. That can give us confidence. If we have increasingly loved the things God loves, we will bear fruit in our lives, evidence of a true, saving faith. The fruit we bear—good deeds, acts of service and charity—are all acts of a changed will. Freed from sin, the Christian is able to please God by his good deeds because they flow out of God's love and power at work in them. These spiritual truths and realities are what we must hold onto and remember when we are tempted to despair of our own salvation. These biblical truths are a Christian's foundation. It is possible to have assurance of

salvation, to know you are a Christian, and yet not feel like it is true. In those moments perhaps reflecting on some of these ways to know that you are a Christian will bring victory over the enemy and peace to your soul. Until you have that peace, pray and cleave to God's promise that he will never let you go. Jesus said,

My sheep hear my voice, and I know them, and they follow me. I give them eternal life, and they will never perish, and no one will snatch them out of my hand. My Father, who has given them to me, is greater than all, and no one is able to snatch them out of the Father's hand. (John 10:27-30)

What an amazing promise! If we have heard the call of Christ and follow him, then we have received the gift of eternal life. God will never take that gift away; he has adopted us into his family once and for all. Likewise, there is no power on earth, in heaven, or hell that can steal that gift from us. What can we do with this promise but worship our Savior! Weak and frail as our faith may be, we can still adore our God for his power and mercy. As distant as God may seem, as ineffective as our prayers feel, we can still have confidence in our God and sing his praises. We can even dare to sing the words of the old hymn. "Blessed Assurance":

Blessed assurance, Jesus is mine; Oh, what a foretaste of glory divine! Heir of salvation, purchase of God, Born of His Spirit, washed in His blood.

May these words rise from your lips even when you experience doubt and insecurity.

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YOU GO TO CHURCH

IF YOU WRESTLE WITH FEELING that your salvation is secure one of the most important things to do is to go to church. At church you experience participation in the visible body of Christ. It is a place to find encouragement when you doubt and struggle to live by faith. As the author of Hebrews writes, "let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near" (Heb. 10:24-25). The Christian life is hard and God created the church to help us when we struggle. It is important to regularly go to church to worship with your brothers and sisters in Christ, whether or not we feel like going. This is important not only because you will be encouraged, but because the worship service is a time when God speaks to us and assures us of his love and our salvation.

When we go to church we are assured by God himself that our salvation is secure because he is the author and perfecter of our faith (Phil. 1:6, Heb. 12:2). God does this through what are sometimes called the ordinary means of grace: the preaching of the Word, baptism, and the Lord's Supper. Each of these elements of worship is a way God tells us that our sins are forgiven and the blood of Christ guarantees our eternal salvation.

When the Word is preached and the gospel proclaimed we are told by God, through the pastor, that our sins have been pardoned if we believe in Christ's death for our sins and resurrection. When we are baptized, or reminded of our baptism by witnessing a baptism, we are baptized into the death of Christ. Paul writes, "We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life. For if we have been united with him in a death like his we shall certainly be united with him in a resurrection like his" (Romans 6:4-5).

The waters of baptism signify the cleansing power of Christ's death and resurrection and they are a visible sign of our union to Christ. Baptism reminds us that we are united to Christ and there is nothing in heaven or hell that can break that bond; we will be resurrected unto eternal life just as Christ was (Rom. 8:29-39).

When we partake of the Lord's Supper the gospel is preached to our senses of sight, touch, smell, and taste. It is a sign that God has given us to strengthen our faith. We remember Christ, knowing that he truly lived and is just as real as the bread we eat. God became man, the bread is a tangible reminder of the incarnation. In like manner the wine reminds us that Christ's blood was shed for the forgiveness of our sins. Our sins have been forgiven just as surely as the wine we drink exists. The bread and wine are reminders, but they are more than that, when we eat the Lord's Supper in faith the Holy Spirit works in our hearts and minds to draw us closer to our savior Christ.

This is why going to church and worshiping with the body of Christ is one of the best things to do when you struggle to know if you really are a Christian.

